Geriatric Depression Screen (GDS)

Instructions: Please mark an "X" in the check box that best corresponds to your answer for each question.

		Yes	No
1.	Are you basically satisfied with your life?		
2.	Have you dropped many of your activities and interests?		
3.	Do you feel that your life is empty?		
4.	Do you often get bored?		
5.	Are you in good spirits most of the time?		
6.	Are you afraid that something bad is going to happen to you?		
7.	Do you feel happy most of the time?		
8.	Do you often feel helpless?		
9.	Do you prefer to stay home, rather than going out and doing new things?		
10	. Do you feel you have more problems with memory than most?		
11	. Do you think it is wonderful to be alive now?		
12	. Do you feel pretty worthless the way you are now?		
13	. Do you feel that your life is full of energy?		
14	. Do you feel your situation is hopeless?		
15	. Do you think that most people are better off than you are?		
	(For Clinic Use Only: Total =	:	+)

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